

# MONTEREY NEWS

October 1982



## MONTEREY ENERGY PROJECT REPORT

Monterey Energy Project held its annual business meeting on Wednesday, October 13, at 7:30 p.m. in the Social Room of the United Church of Christ. In addition to annual reports and the election of officers, there was a discussion of possible uses for the old fire-house, soon to be replaced by the new, energy-efficient building west of town on which finishing touches are now being applied by its owners, the Monterey Fire Company.

## MONTEREY MOVIE

On Thursday, October 21, at 8:00 p.m. in the Social Room of the United Church of Christ, Mickey Friedman of Monterey and John MacGruer of Sandisfield will host a showing of their most recent production, an hour-long television program which, while focusing on energy conservation in Monterey, tells a simple story about small town life today.

Starring Mildred Walsh, Raymond Tryon, Mickey Friedman, Virgil Brallier, Peter Murkett, Michele Miller, and a host of townspeople, the film points out that people who fifteen years ago might not have been motivated to get to know each other now live and work together happily and productively.

The show was produced under a partial grant from the Massachusetts Foundation for the Humanities and Public Policy. The two humanist consultants who assisted in making the film, Rev. Allen Comstock and David Embledge, both of Stockbridge, will be present to lead a discussion following the film. There will be no admission charge and all interested parties are welcome to attend.

## KEEP YOUR HEAD DOWN

Hunting seasons for grouse, pheasant, quail, rabbits, 'possum, raccoon, squirrel, coot, woodcock, ducks, teal, and geese begin in October. Others (fox, bear, deer) begin in early November. Don't wear feathers or fur when walking in the wood or floating in the water during these prime times for hunters.

## BRIDGE RECONSTRUCTION ON NEW MARLBOROUGH ROAD

The bridge across Rawson Brook on New Marlborough Road began sagging dangerously this fall. The supporting beams had rusted and were no longer to be relied on. Gravel and log trucks have been reducing what they trucked across the bridge to half loads for the past year. Fire Chief Ray Tryon forbade his fire trucks to cross the bridge, thereby leaving residents on the other side without fire protection.

At an emergency meeting on Friday, September 24, the Selectmen met with members of the Roads and Machinery Committee, Ray Tryon, representatives from the Massachusetts Department of Public Works and concerned residents. Emergency measures and temporary repairs were discussed, as well as possibilities for a permanent bridge. At the Selectmen's meeting September 27 and in subsequent communications with DPW engineer Bob Jordan several decisions were made. The bridge was declared closed. Road Superintendent John Fields procured four I-beams and two H-beams at a cost of about \$2,700.00 to span the gap and support the old planks for a temporary bridge. Bob Jordan undertook to research possibilities for state funding of a new bridge made with concrete box culverts. Monterey residents living on New Marlborough Road expressed concern that a new bridge be in keeping with the rural character of the road. Serious consideration was given to the idea that Monterey should finance and build its own bridge at a cost of \$10,000.00 or more rather than to submit to the requirements imposed by a state-financed structure. Meanwhile, as research and deliberations continue, the old bridge has been taken down and the temporary beams are being set in place.

## POLICE REPORT

The Monterey Selectmen recently passed an ordinance enabling the Police Force to ticket motorists for disregarding the "No Parking" signs posted around town. There are three such signs in Monterey: one by the church, one at the beach, and one at Avalon School. The fine will be \$2.00 for the first offense and \$5.00 for subsequent offenses.



## OUR CHURCHES



### CATHOLIC CHURCHES

#### Masses Schedule

Our Lady of the Valley, Sheffield

Saturday, 5:30 p.m.

Sunday, 7:30 and 10:30 a.m.

Immaculate Conception, Mill River

Sunday, 10:00 a.m.

### UNITED CHURCH OF CHRIST

#### Worship and Regular Meetings

Morning worship each Sunday at 10:30 a.m. with child-care at same time in the Social Room. Choir rehearsal, Tuesdays, 7:00 p.m., at the Church. Meditation and prayer, Thursdays, 7:30 a.m. in the Social Room. All are invited. Prayer group, Thursdays, 7:45 p.m., at the home of Lucy Smith.

### FAST FOR A WORLD HARVEST

Each fall, the Thursday before Thanksgiving, OxFam America sponsors a Fast for World Harvest. This year the day is November 18. For a good many years the Monterey Church has encouraged members and community people to participate in this fast. The money saved by not eating is sent to OxFam America to help their programs in Asia, Africa and Latin America. The purpose is to reduce and eventually eliminate world hunger.

Oxfam America spends its energies largely on helping places where there are food shortages, aiming particularly toward helping such areas to develop greater food self-sufficiency. What they have accomplished with limited funds is truly astonishing. It has a truly enviable record among the hunger fighting organizations.

The Monterey Church will receive and transmit monies from people who fast for a world harvest, to aid OxFam America in continuing its heroic work fighting against world hunger.

### LEBANON RELIEF

Offerings of about \$100 have been received to help the critical situation in Lebanon. Since the need is so desperate and since the need will take some time to relieve, the church will gladly send on to Church World Service money that is labeled for Lebanon Relief.

## TOWN NEWS

### SOVIET STUDENTS COMING TO TOWN

A group of students from the Soviet Union will discuss aspects of their life in Russia at the monthly community dinner, October 27, at 6:30 p.m. in the Social Room of the United Church of Christ in Monterey. The young people are exchange students at SUNY in Albany in a program which is sponsored by the U. S. State Department.

The program will be under the chairmanship of Rev. Virgil Brallier and will include a presentation of Russian folk music by pianist Mary Anne Carter as well as greetings from leaders of the People for Peace organization. The presentation will be preceded by a covered dish dinner for which a limited number of accommodations will be available for out-of-town visitors. This will be the fourth time in recent years that Soviet students have visited Monterey. For further information call 528-9243 or 528-4187.

### SPEAKER FROM PHILIPPINES AT MONTEREY UNITED CHURCH OF CHRIST

Mrs. Edelmira Navarro was the guest of the Monterey United Church of Christ at a salad and sandwich lunch at 12:30 on Monday, October 11, in the Social Room of the UCC. About 25 people turned out for the occasion. Mrs. Navarro showed slides and talked about her native Philippines with emphasis on the concerns of the church there.

She is a woman of wide interests, having studied physical education, music and Bible studies and earned degrees in home economics and guidance counseling. She is an instructor at Siliman College and directs youth work for the United Church of the Philippines.

Mrs. Navarro stayed at the home of the Rev. Mr. and Mrs. Virgil Brallier. She has been speaking throughout Berkshire County since October 3 and will be in Massachusetts and Rhode Island for ten months.





## THE POWER TRAP

Tolkien's trilogy *The Lord of the Rings* presents an amazing dilemma. In order to have the power of the ring, one must grasp the ring, hold it, control it. This achievement of power seems most desirable for overcoming weakness and vulnerability. Yet one does not hold the ring long until the holder discovers how hard the ring is to let go of. Slowly the truth dawns. One begins by claiming the power of the ring, but subtly the ring more and more controls the one who holds it.

Was Tolkien off on some fanciful flight of the imagination regarding amulets and charms? Hardly! Tolkien was mirroring the human story. He was telling all of us about ourselves. He was helping us see, recognize, the power trap. It begins by offering us something very attractive. It ends so very often in tragedy.

We may never have heard of Tolkien but all of us know something about the story he tells. Humans are entranced with power. We hate being weak and vulnerable. We want to overcome powerlessness.

When the state of Israel grasped "the ring" some years ago, never in her wildest nightmares could she have imagined it heading finally to the role she played in Lebanon. No! That thought is too revolting! She wanted only to overcome weakness and vulnerability. She would use power responsibly and carefully. Beware of the ring you grasp and seek to control. It may end up controlling you.

When the weak and vulnerable thirteen United States grasped "the ring" several centuries ago they knew their cause was a righteous one. They were bent on destroying the power of tyrants. The dream in our hearts as we gained for ourselves the power of the ring was that more and more we would help the whole world rid itself of tyranny, that weak and powerless people all over the world would rejoice in the careful, moral and responsible use of power in the good, just hands of the United States. Can we believe the strange unfolding of events? Vietnam, Chile, El Salvador—to name just a few places the United States used the power of the ring. And what was the story? Was it that we were dead set against tyranny? Or did our power now side more with the tyrants? Beware of the ring you grasp and seek to control. It may end up controlling you.

The Soviet Union grasped "the ring." If ever a union was formed to rid the world of human exploitation, surely this one was. The ideology was to use power to overcome the powerlessness of the weak and exploited peoples of the earth. The rightness of the cause, overcoming slavery of all kinds would be the source of their power and the very rightness of it would make it invincible. What strange chemistry happened as the Soviet Union held "the ring"? Did it turn out that human exploitation and slavery was overturned the world around? By what weird magic did it happen that the Soviet Union is now widely perceived as adding more to human misery than subtracting from it? Beware of the ring you grasp and seek to control. It may end up controlling you.

I have become a perpetual observer of organizations whose purpose is to do good in the world. But, alas, in order to do good, power seems to be a necessary ingredi-

ent. Without clout how will you gain the power to overturn injustice? Logic says powerlessness is a curse. So, grasp "the ring." Get the power. It may be necessary to crush a few heads on the way, but do not live in weakness. You will only get stepped on and you will have no power to overcome the tyrannies you oppose. The logic is absolutely convincing. Take power, use it, but keep your use of power responsible and moral. The argument still seems invincible. But how is it that the countryside and city scene are both groaning under the load of organizations who grasped "the ring" with such clear moral purity, but now are tightening more than loosening the burden of humanity? Beware of the ring you grasp and seek to control. It may end up controlling you.

What shall we conclude? Shall we simply throw up our hands and declare this is an insoluble problem? Well, it is insoluble unless we are prepared to deal with how corruptible all of us humans are. There is a saying we all know: "Power corrupts. Absolute power corrupts absolutely." We believe this, except that each one of us thinks we are the exception. Tolkien found another way of telling us about ourselves and the power trap.

Very few of the world's great leaders have been able to penetrate to the depths of this awesome truth about humans and their use of power. The two who stand out for me as having seen it most clearly are Jesus and Ghandi. They both chose, not only by teaching, but by living to demonstrate the utter futility of power "over" others. The only power that does not corrupt is power "with" others. The reason most of us reject this kind of power is that it continuously leaves us in a position of such powerlessness and weakness. We don't have guts enough for that. So, we go on grasping "the ring." How slow learning comes!

— Virgil V. Brallier, Minister  
Monterey United Church of Christ

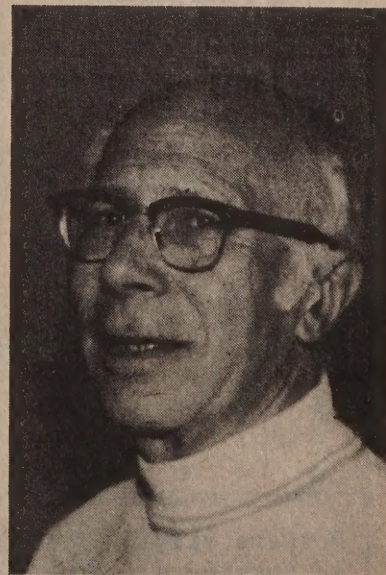


Photo of Virgil Brallier by Susan McAllester





Kirven Blount

## YOUTH NEWS

### Brownies

The Brownies began their meetings two weeks ago and those two meetings were "Getting Acquainted Meetings." They also read the Brownie story and made paper bag puppets to go along with it. Last week they made invitations to the Investiture Ceremony to be held on October 12. Sara Rubenstein, Rachel Rodgers, Erin and Meghan Sadlowski, and Tish Thorpe will be invested as new Brownies. Troop #237 meets on Tuesdays from 3 p.m. to 4 p.m. in the Monterey Library basement.

### Girl Scouts

The Girl Scouts have not begun their meetings as of yet but they will be held on Wednesdays in the Monterey Library basement from 3 p.m. to 4 p.m.

## NEW MARLBOROUGH CENTRAL SCHOOL NEWS

The children who participated in the Summer Reading Program are Jennifer Stevens, Kenneth Pratt, Colin Storti, Ricky Clapp, Sean Kerwin, Tiffany Stephens, Michael Ohman, Joshua Phelps, Stacy Palfini, Kim Clapp, Marta Makuc, Mark Phillips, Kim Gillette, Tish Thorpe, Sean Storti, Darlene Bushey, Chris Callahan, Amy Gillette and Rachel Rodgers. The Summer Reading Program is designed to encourage pleasure in reading and to maintain acquired reading ability. Paul W. Langer, Elementary Principal, presented each participant a Certificate of Merit.

School opened on September 2 with 79 children enrolled at New Marlborough and 23 in the Monterey Kindergarten. Linda Whitbeck is now a teacher's aide in the kindergarten, assisting Susan Andersen, kindergarten teacher. New students at New Marlborough are Jennifer Swann, Monterey, Grade 4; Dustin Stalker, New Marlborough, Grade 4; Michael Winn, New Marlborough, Grade 2; Eli Swank, New Marlborough, Grade 2; Naomi Sutphen, New Marlborough, Grade 2; Nehemiah Barker, New Marlborough, Grade 1; Kim Clapp, Sheffield, Grade 1; Walter Hewins, Sheffield, Grade 1; and Magnolia Ives, New Marlborough, Grade 1.

Sean Kerwin, son of William and Barbara Kerwin of Gould Farm, will be leaving NMC and Grade 4 during the month of October. Sean has been a great addition to the school since his arrival in 1980. He and his family are moving to Augusta, Maine, and we all wish them well.

On Thursday, September 23, Grades 1, 2, and 4 held Open Houses in their classrooms to acquaint parents with the routine of their child's school day. The teachers also reviewed the AIRS reading program and the STAMM math program to familiarize the parents with the work being done in these subject areas.

Grade 4 roasted corn outdoors on a barbeque grill to celebrate Native American Day, September 24. They had also made corn bread that week with the help of Roberta Roy, fourth grade teacher, and Nell MacKenzie, teacher aide.

Grades 1 and 2 observed caterpillars munching on milkweed leaves. They waited patiently during the cocoon stage and when the butterflies emerged and dried their wings the children were delighted to be able to watch "nature on parade." When the wings were sufficiently dry, the Monarch butterflies were released outdoors and all the children waved goodbye.

Grade 2 has just finished a unit on apples, covering many subject areas. They saw a film on Johnny Appleseed and in the classroom made applesauce and apple-walnut salad. They also used apples cut in halves and quarters to study fractions.

October 8, 1982, was an Inservice Day for the teachers of the district and there was no school.

Mothers with pre-school children interested in forming a (morning) once-weekly play-group (Monterey area) please call 528-2512.





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## MONTEREY GRANGE NEWS

Monterey Grange #291 met September 15 for an Educational Aid program. Guests were present from Sandisfield and Stockbridge granges. The Monterey Grange took second place at the Barrington Fair for their exhibit (theme: "Harvesting").

We have been invited to Neighbors' Night October 12 at East Chatham Grange.

The next meeting will be October 6 for the annual "Young at Heart" evening. Offices will be filled and the program furnished by the "Young at Heart."

— Mary Wallace  
Lecturer

Monterey Grange met October 6 for the annual "Young at Heart" night. Offices were filled by so-called "oldsters" from Williamsburg, Worthington, Hinsdale, Heart of Berkshire, Stockbridge, Great Barrington, Sheffield and Sandisfield. There was a variety program which included a "Name that Tune" program by Ray Ward. Worthy Lecturer Mary Wallace and Past Master John Lossen will be delegates to the State Grange in Chicopee.

The next meeting will be October 20. Deputy Alicia Brazie will be present for instructions. Members are to be dressed as hoboes and will bring a hobo lunch.

The Grange won second and third prizes for their exhibits at the Great Barrington and Berkshire Fairs.

— Mary Wallace  
Lecturer



## MONTEREY HISTORICAL SOCIETY

Deepwood Manse, home of the first minister, has been accepted for listing in the National Register of Historic Places.

This house, built in 1750, is a large salt box with the usual three rooms around a massive central chimney. Beehive bake ovens are found in two of the three fireplaces on the first floor. A staircase rises from the front entry to a small hall on the second floor where there are two bedrooms, one of which has a fireplace.

Mr. Bidwell's son and grandsons lived in the house until 1837 when the Carrington family purchased it and remained until 1913. Then Mr. Ensign obtained it as the beginning of the Berkshire Summer School of Art. The present owners are Mr. Jack Hargis and Mr. David Brush.

— Sally Fijux

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## LADIES AID SOCIETY

Ladies Aid held its annual business meeting September 30 at Marie Brallier's, 14 members attending. They voted to ask the present officers to serve another year. All consented. They were: First directress, Jean Stowell; Secretary, Margery Janes; Treasurer, Helen McKay; Board of Directors, Wanda Bearse, Stella Howes, Abbie Olds, Lucy Smith, Nina Tryon, Mary Ward.

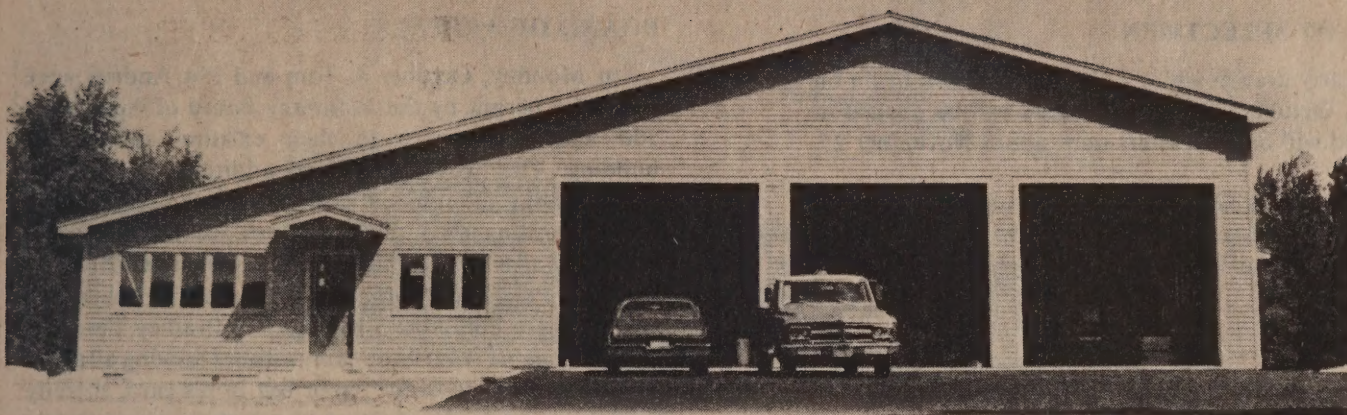
The next meeting is to be held at Jean Stowell's, November 4.

The treasurer read her report, showing us to be in a relatively sound condition again, thanks to our mid-summer cookie sale.

Virgil Brallier dropped in for a few minutes to tell us about a project planned by the University Extension Service, a study as to how communities could increase their food supplies. Did Monterey want to be a community chosen for this study? It was suggested that the question be put at a community dinner. Plans were made for a light covered dish luncheon (salads and sandwiches) for Mrs. Navarro, from the Philippines, on November 11.

— Margery Janes





## FIRE COMPANY NEWS

Photo by Susan McAllester

The woodburning season is coming on, so it's time for some routine maintenance. A chimney cleaned of built-up creosote is essential. Hold a small mirror in the flue at the cleanout door to see that there's a clear passage all the way up and out. If creosote's built up, restricting the opening, then brush out the flue and remove the soot and creosote at the cleanout door, or call a good chimney sweep and have the job done. Creosote is formed fastest when unseasoned wood is burned, and when an airtight stove is damped 'way down for a long slow burn. As the smoke cools going up the chimney, the creosote condenses out and sticks to the walls of the flue. If you let the situation go, the opening can become completely plugged.

Creosote is flammable. A spark from the fire can ignite the whole mess and the chimney fire that results sounds like a regular blast furnace. It's dangerous. The heat can crack the masonry and set adjacent framing and walls on fire. Double-walled metal flues are more hazardous than masonry, since once a chimney fire gets going, they disintegrate rapidly from the heat. The inside pipe in these metal chimneys is also prone to rust due to water condensation when it's not being used. Regular maintenance and inspection, and the use of well-seasoned hardwood fuel are key to preventing chimney fires. Should you have one anyway, first call 528-1932. We'll be there within minutes. If there are a few people at home, have one person watch the chimney up through the house and attic to see where the heat might ignite any adjacent wall or floor. Another, from outdoors, can watch for sparks landing on the roof or in dry leaves around the house. Water on a chimney fire is dangerous, as the rapid cooling can crack the masonry, and water in the hot cast iron or a stove is *extremely* dangerous—it can explode. The fire will be plenty hot. Your job is to watch closely, and keep cool.

In a recent issue of *Firehouse* magazine there were a few pages of color pictures of firehouses in cities and towns across the country. Ours wasn't in it, but we're not finished yet either. Closest to home was the photo of the station in Glendale, Interlaken Fire Department. Classic Yankee clapboard simplicity. We like to think that ours combines traditional architectural detail, with its straightforward clapboard walls outside, and the native pine wainscot boards inside; an innovative system de-

signed for efficient heating in cold winters, with wood/oil fired hot water heat in the big concrete slab, and bay doors doubled up to serve as solar hot air collectors; and personal touches, like the soldiers and sailors that stand in the red brick chimney. Hope you all agree.

Work lately has been indoors, finishing and painting the walls and the bay doors. Wiring lights in the apparatus room has made work in the evenings easier. Early darkness had us bringing portable spotlights from room to room for a while. That was plenty bright: got the paint to every last corner and edge. Sometimes the delays typical of any construction project send us off to work on the halls and small rooms, but we're putting our first effort these days into finishing up the apparatus room, so we can take up the Mountain Laurel Band on their offer of a benefit contradance. Too soon still to tell you the date, but it will surely be a good christening for the new room.

— Peter Murkett

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## BOARDS AND COMMISSIONS

### BOARD OF SELECTMEN

The yearly drawdown of Lake Garfield will begin on Monday, October 25, 1982. The gate will be opened in stages and will be completely open about November 25, 1982.

It is planned to close the gate again on Monday, February 14, 1983. However, the gate will be closed earlier if there is a big thaw with threat of flooding.

### WINTER HOURS FOR MONTEREY DISPOSAL AREA

The winter hours for the Monterey Sanitary Disposal Area will begin Sunday, October 31, 1982, and will be as follows:

Sunday: 10 a.m. to 4:30 p.m.

Wednesday: 7 a.m. to 12 noon

Saturday: 8 a.m. to 1 p.m.

However, the disposal area will remain *closed* on Saturday, December 25, 1982 (Christmas), and on Saturday, January 1, 1983 (New Year's Day).

Stickers for authorized users' automobiles may be obtained from the Assessors' Clerk, from the Town Clerk or from Selectman Hans Kessler.



DON'T BRING THOSE LEAVES TO THE DUMP!  
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down any time and watch for the "put  
leaves here" signs. Please, no brush  
or garbage. Rawson Brook Farm, New  
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## BOARDS AND COMMISSIONS (continued)

### BOARD OF APPEALS

On Monday, October 4, Tom and Pat Andrus were granted a permit by the Monterey Board of Appeals to add additional space to their existing commercial building. The proposed 24-foot addition, intended to house a painting room and office, will expand the present nonconforming use of the building on the northwest corner of Main Road and Swann Road in which Tom operates Precision Motors, an auto body repair shop. According to Board member Maureen Bradley, the addition will enable Andrus to paint without moving all automobiles which are in for repair out in his yard, thereby improving the looks of the yard, which opens on Route 23.



### LAD'S BEACH ASSOCIATION

Lad's Beach Association, Inc., of Lake Garfield had their Annual Dinner Dance at Egremont Country Club on September 5. George Crocco and Paul Carnese, representing the Blue Ribbon Committee, gave out 15 awards—some of which were:

#### *Better Homes and Gardens Award*

to Stu and Jean Stowell, for home improvement and garden.

#### *Houdini Award*

to Dean Amidon, for disappearing from his sailboat in a matter of seconds.

#### *The I\*Told\*You\*So\*Award*

to Fran Amidon, for telling Dean not to lean over so far.

#### *Golden Goose Award*

to Betty Connery and Carilyn Carnese, for the most poop scooped on Lad's Beach.

#### *Captain Bly Award*

to Paul Carnese, for finding the bottom of the lake with his centerboard.

#### *Mr. Clean Award*

to Mike Crocco, the only one on the lake who cleans his boat before, during and after a ride.

#### *Esther Williams Award*

to Ruth Gordon for laps done, no matter how cold the water.

#### *Speak Softly and Carry a Big Stick Award*

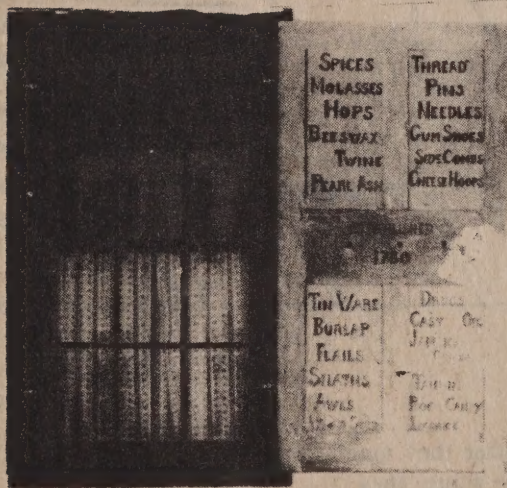
to Jack Tytell.

#### *Pillsbury Dough Boy Award*

to Paul Carnese, Sr., for the most muffins baked in one season.



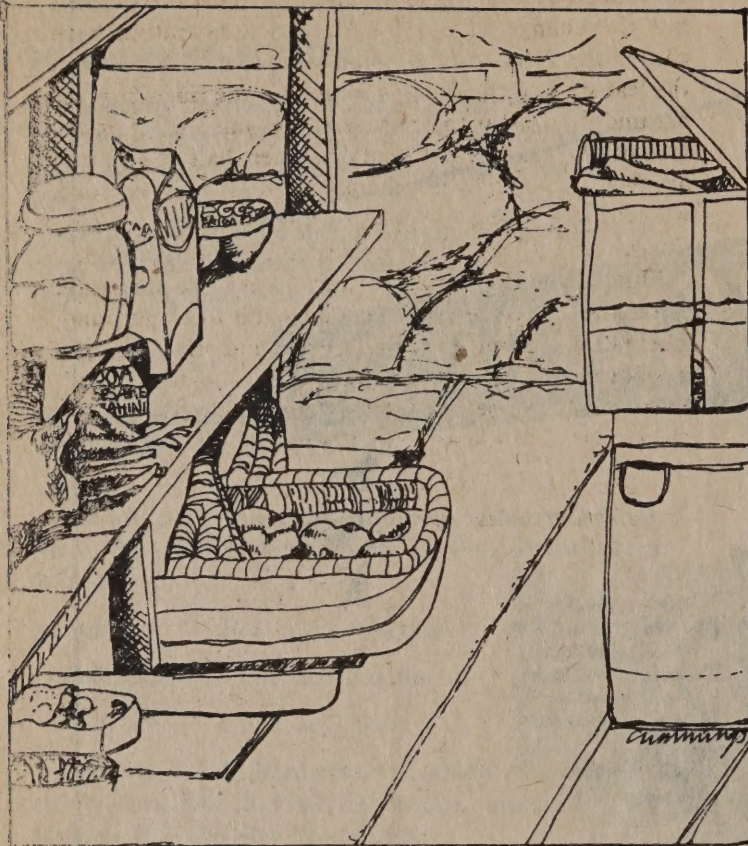
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## LOCAL LORE

### CURING THOSE WINTER SQUASH

Winter squash can be eaten anytime after they are mature but if they are to store well into the winter they need a bit more attention. A heavy frost will damage the squash skin and make the fruit unsuitable for long storage. Squash should be cut from the vine and brought inside if a hard frost threatens. You should leave about an inch of stalk on the fruit and be sure to cut it with a sharp knife, as a clean cut will give a longer storage life than a tattered break. If they are to store well, the squash need additional curing. Ideally, they would like to sit in the garden for a few weeks after being cut from the vine. This aids in the development of a hard shell. But if there is a chance that you will forget about them and they might sustain frost damage it is better to cure them inside at about 70 degrees.

Handle them with care, as bruised fruit don't store well either. After they have developed a somewhat hard shell they can be moved to their winter home, a dry room with a temperature of approximately 50 degrees. Check the squash regularly and wipe off any mold that develops on the outside before it starts to penetrate the skin. If you don't feel that your squash had matured enough to store well, you can bake or steam the pulp and freeze it.

We feel that squash makes the best "pumpkin" pie, and I can't resist passing along this recipe: You need 1½ cups of cooked winter squash per pie. You can either pare, cube and steam the pulp or cut the squash in half, set it open edge down on a cookie sheet and bake it in a slow oven until soft. The creamiest pie is obtained by putting

the cooked pulp in the blender. To the processed pulp you add 1 cup brown sugar, 1 tsp. ginger, 1 tsp. cinnamon, ½ tsp. salt, ¼ tsp. allspice, 3 slightly beaten eggs, and 1½ cups of milk (scald if using raw milk). Pour mixture into your favorite unbaked pie shell and bake at 425° for ten minutes and reduce heat to 375° for the remaining 30 to 35 minutes or until custard is firm.

— Susan Sellew  
Rawson Brook Farm

WORKSHOP ON NEW ENERGY-SAVING IDEAS: Wednesday Nov. 10 7 p.m.  
Social Room, United Church of Christ, Monterey.

WEATHERIZATION MATERIALS available for sale and to order. Forms will be distributed in Monterey News (November issue), at Walsh's, Roadside & Gen'l Store. Pick up goods 1<sup>st</sup> week in December.

— Monterey Energy Project

## THE ANDROMEDA NEBULA

Women, according to men, are supposed to be full of surprises and secrets. Andromeda is such a woman. There she hangs in the sky, in the shape of two diverging lines of stars. You look; you see. And then, on a clear night, you notice a fuzz above the middle stars. You rub your eye—the fuzz remains. Take a pair of binoculars and look again: you're seeing the Andromeda Nebula.

The Nebula is a galaxy of stars like our Milky Way. But until recently we didn't know we lived in a galaxy. Much less did we suspect there were other galaxies, billions of them. The fuzzy patch in the sky was thought to be a nebula in our own galaxy. Our galaxy is some 100,000 light years in diameter. The Andromeda galaxy is about two million light years away from us.

Recently I drove 2,000 miles in ten days. One night, in the Grand Canyon, I looked a mile down at Precambrian rocks; then I looked at Andromeda. The light I saw had travelled 186,000 miles a second, times 60 seconds a minute, times 60 minutes an hour, times 24 hours a day, times 365 days a year, times 2,000,000 years. Hello, neighbour!

— Loul McIntosh



## LOCAL LORE (continued)

### FALL COLORS

*Listen! the wind is rising,  
and the air is wild with leaves,  
We have had our summer evenings,  
Now for October eves!*

— Humbert Wolfe, 1926

The woods of New England are in full and glorious color and the small towns are now visited by autumn's pleasure seekers, the poets, artists and travellers who head for the hills on weekends to marvel at the dramatic turning of the seasons. Those of us who have chosen this part of the world in which to live have had to adjust to extreme seasonal changes. Some animals have made behavioral adaptations (go to Florida, go to sleep), but the plants have followed the slow path of evolutionary change. Without crawling into burrows or storing up nuts, the deciduous trees enter a period of dormancy each year by shutting down their food production.

Green plants produce food in their leaves. The process, we may remember from spot quizzes and spelling bees, is called *photosynthesis*, and it involves the making of plant food from sunlight, carbon dioxide, and water. This is accomplished by means of chemical reactions with the green pigment of plants, chlorophyll. All summer the fields and forests of New England are lovely shades of green and the plants are working away during sunlight hours producing food for growth, reproduction and storage. Hay is making sugar while the sun shines. The plants flower and fruit and the next generation is begun. Then, with shorter days and cooler temperatures, changes occur in the green plants. There is a drop in the production of a certain plant hormone and this causes the start of a cut-off layer at the end of each leaf stem. Fruit trees begin a similar process at the base of fruit stems as the apples and cherries prepare to drop their fruit for seed dispersal.

Chlorophyll, the green pigment of photosynthesis, is normally broken down and replaced at a great rate all summer. As fall comes on and the leaves prepare to let go of the branches, chlorophyll production slows and finally stops. We suddenly see that other colors, present all along, were masked by the predominance of green. Yellow, orange, brown, bronze and fiery red are revealed as the green disappears. The yellow and orange colors (carotenoids like the carotene of carrots) are common in most northern countries, but red is unusual and makes New England especially dramatic. In fact, the bright red pigment of fall leaves is found only in Northern China, Korea, Japan, and Northeastern North America. Only the trees in these areas have the genetic capability of producing anthocyanin, found here particularly in our red maples, sugar maples, and sumacs. Anthocyanin is produced by a combination of sunny days and cool nights, and certain trees always produce more of it than others, depending upon genetic makeup. The tops of the trees often turn red first. This is because the tops receive the most sunlight and produce the most sugar. In mid-

summer, the sugar would be transported back to the tree, but the change in day length and temperature have caused the cutoff or abscission layer to start forming in the leaf stem so the sugar is trapped in the leaf. Enzymes act upon the sugar to produce anthocyanin, turning the leaf bright red. A leaf that has been half-covered by another will be red where the sun has reached it and green where it was covered. Apples turn red on the side facing the sun as anthocyanin is produced there in the skin.

Finally, the last bright pigments fade, the abscission layers are complete, and the leaves fall to the ground, where they continue to serve the trees and other plants as insulation for the roots and then as humus for the soil. Every year the poets and artists describe the wonderful phenomenon of the autumn leaves.

*The one red leaf, the last of its clan  
That dances as often as often it can.*

— S. T. Coleridge  
in "Christabel"

— Bonner McAllester



Photo of Bonner McAllester by Susan McAllester



## LOCAL LORE (continued)



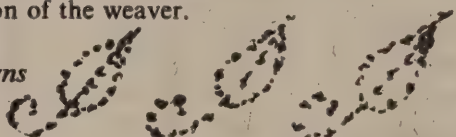
### Mahican Basketry



In Colonial times and today the Eastern Indians' basketry was and is an important aspect of their art and economy. It is not generally known that the techniques of splint weaving, using thin strips of ash, oak, or even black walnut wood, were first taught to the Indians of Delaware and Pennsylvania in the early 18th century by Moravian missionaries from Scandinavia. Before then, Indian baskets were coiled or twined and what we now think of as typically Indian baskets did not exist anywhere in the country. Once splint weaving was introduced, however, the art spread quickly from tribe to tribe up and down the Eastern seaboard. Such baskets are made today by the Cherokees in North Carolina, the Abenakis in Maine, and many others including the Mahicans who once lived in the Housatonic valley, and are now on the Stockbridge-Munsee Reservation in Wisconsin.

The first step in splint weaving is to obtain a six- to ten-foot log, usually of white ash, six to ten inches in diameter. The log is pounded thoroughly, up and down and all around with the blunt end of an axe: this loosens the growth rings from each other so they can be peeled from the log. A variety of clamps, knives, and gauges are used to produce long, flexible splints of even thickness and width. The art comes in the combinations of weaves, twills, imbrications and other decorations that express the imagination of the weaver.

#### punctate designs



A special feature in the art of the New England Indians was the use of native and commercial dyes (favorites were poke-berry, huckleberry and blueing) to make colored splints or to stamp or paint designs on the smooth fresh surfaces of the splints. Sometimes an awl was used to punch decorative figures into the soft wood.

#### stamped designs



The adaptability and artistic flair of the Indians soon made this Scandinavian art into a new form all their own. Baskets that were sold for four cents in the 19th century are now collectors' treasures worth hundreds of dollars. A notable display of New England Indian splint baskets from many private collections and museums has been brought together for a year-long exhibit at the Institute of American Indian Archaeology on Route 199, just south of Washington, Connecticut. Several stunning pieces were made by our Mahican neighbors of the 18th century.

— David McAllester



Photo of Roadside Store by Dede Cummings

## ROADSIDE STORE COMPLETES RENOVATION

Roadside Store has only to receive the results of a water quality test on Saturday, October 16, to be back in business full swing after two weeks of renovation, the bulk of which ended Monday, October 4.

Improvements include a sophisticated septic and gray-water disposal system featuring a water conserving toilet of Swedish design, which uses three liters of water per flush as opposed to 18 liters in conventional toilets. Inside the building there is new flooring, new cabinets, new plumbing and new wiring. An 800-foot-deep well was drilled to replace the shallow well which threatened to dry every summer. Total investment in the project was \$30,000.

Incentive for the renovation was provided by the completion of negotiations between Gould Farm and the Enoe family for a ten-year lease of the business. According to Treasurer Virgil Stucker, the primary motivation for Gould Farm to operate Roadside Store is to provide a setting for continuing rehabilitation of its guests. Secondly, the operation of the store enables contact between Gould Farm and the community. Last of all, there is concern that Roadside comes close to justifying itself economically.

The menu for breakfasts and lunches will remain basically the same. There has been an attempt to bring gasoline prices down by buying larger truckloads of gas. Customers and employees alike seem happy about the improvements.



## QUILT NEWS

Another quilt is planned. This one will be raffled for the benefit of our two most local radio stations, WAMC from Albany and WFCR from Amherst.

This quilt will have two different pieced patterns. The main body of the quilt will be log cabin squares. The border will be pieced maple leaves on a red background.

Our first meeting will be on Thursday, October 28, around 7:30 p.m. Hopefully we'll be able to get all of our pieces cut by mid-November, then suspend meeting until after Christmas. By the end of January, we should be able to assemble the completed squares and get down to the enjoyable, sociable task of quilting.

Most of those who participated in last year's project had no experience with quilting and many were not too proficient at sewing. Still we managed to put together a sturdy and attractive quilt, and spent many pleasant evenings in each others' company.

If you would like to be part of the fun, call Leslie Scutellaro, 528-9244.

## CIVIL LIBERTY COMMITTEE

A committee for the defense of civil liberties has been formed in Monterey. Anyone interested in joining or keeping informed can obtain further information by writing to C. L. C., Box 141, Monterey, MA 01245.

## POLICE NEWS

At the meeting of the Monterey Board of Selectmen on Monday, September 20, it was moved and seconded that James H. Bynack of Main Road, Monterey, be appointed to the Monterey Police Force. On September 29, Bynack, a 25-year-old veteran of the U. S. Air Force, enrolled in a twelve-week training course at Monument Mountain High School provided by the Massachusetts Criminal Justice Training Council in cooperation with the Massachusetts State Police. The Town of Monterey will pay for the course, which includes medical training and firearms training. He is now working alongside Monterey Police Chief Doug Lyman and Officer Daniel Whitbeck, learning the procedures and policies of the Police Department.

After informing Bynack of his appointment, members of the Board of Selectmen took pains to make it clear to him that in their opinion the police force in Monterey is here to help people and not to terrorize them. As Selectman Stefan Grotz put it, "A man who makes people afraid of him is a lonely man." There was general agreement among those present that Doug Lyman provides a good example of a workable attitude by being a hearty and friendly police chief.

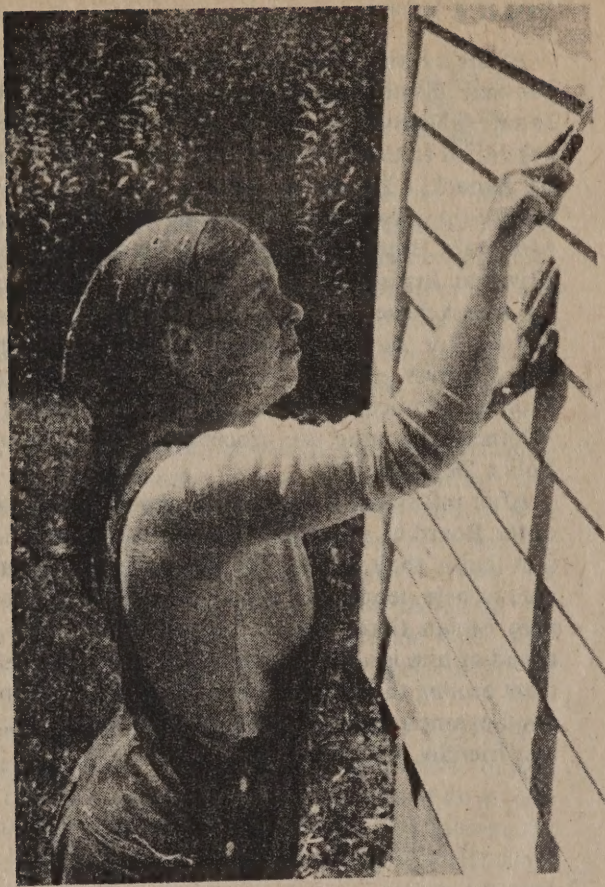
## GOOD NEWS!

The Community Bulletin Board is off its face and up against the front wall of the Monterey General Store. At the annual meeting of the Monterey Energy Project, which originally conceived and financed the bulletin board, it was confirmed that both liability and authority for the bulletin board rest in the hands of store owner Lew Scheffey and manager Maynard Forbes.

Bernie Kleban, a concerned citizen, expressed concern that certain posters and stickers were being pre-emptorily removed by Maynard Forbes. Energy Project President Milly Walsh agreed to accompany Bernie Kleban to a conference with Forbes in an effort to resolve the tension which has been generated in recent weeks.







*Alice Slater, daughter of Charles Slater of Tyringham, scraping paint off the Monterey Post Office.*

*Post Office building gets a new winter coat.*

*Mr. Slater, owner of the Monterey Post Office building, agreed to repaint the structure this year. The old paint was removed in August and early September. Now the Post Office awaits its new coat of paint.*

## ACKNOWLEDGEMENTS

The *Monterey News* thanks the following for their contributions this month: Mrs. Warren K. Page; Molly and Samuel Shulsky; M/M Robert Gunther; M/M Martin Weiss.

## COMMENTS

The new format is superb! Keep up the good work!

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## PERSONALS

Ellen Kinne, mother of Milly Walsh and Lena Pederson, fell and fractured her hip on Friday night, October 1. She spent a couple of rough days in intensive care at Fairview Hospital and is now recovering more comfortably in a hospital room. Mrs. Kinne celebrated her 88th birthday last month at a surprise party given by her daughters in Kinne's Grove. About 50 friends attended, including her daughter from Florida, Ruby Bennett, who came especially for the event.

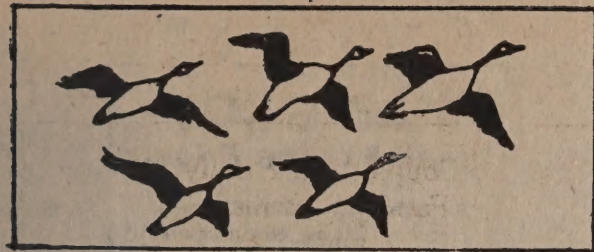
Louis Levine celebrated his 70th birthday on September 15 at a gala party at the Lenox House Restaurant given by his wife Marion and his daughter Sandra Sossner from Kingston. Over 60 family members and friends showed up, coming from several states. In addition to dinner, there was music by Hilda Banks Shapiro and her three children, David, Stephanie, and Miriam.

Bob McMahon and Jeanne Randorf had a baby girl on September 12. Her name is Emma Rose McMahon.

Frances and George Brett celebrated their 60th wedding anniversary on October 7. Friends say the Bretts weren't up to a party but might appreciate a congratulatory call or visit.

Jim Pearson was 90 years old on October 4. Jim is one of the best story tellers in town, and maybe someday we will print some stories about him. After a recent conversation with Jim, Susan McAllester reports that he feels fine and spry, "not an ache, a pain or a pill."





## CALENDAR

### Country Dance Schedule

*Saturday, October 23 (8:30 p.m.)*—Country Dance at the Sheffield Grange for intermediate and advanced dancers. Special guest caller is Ted Sannella, one of Boston's finest for over 30 years, with music by Mountain Laurel Band.

*Saturday, November 6 (10:30 a.m.-4:30 p.m.)*—Workshop in English Clogging, followed by Country Dance, 8:30 p.m. Call for details.

*Saturday, November 13 (8:30 p.m.)*—Country Dance at the Sheffield Grange; beginners and children welcome. All dances taught by Joe Baker, caller; music by Mountain Laurel Band.

*Friday, November 19 (7:30 p.m.)*—Contra Dance in Blandford, to benefit Blandford School Association. Mountain Laurel Band, Joe Baker calling.

*For information about any of these events, call 528-9385.*

### Library Arts Series

*From October through May the Friends of the Berkshire Athenaeum are the major sponsors of a series of free weekly events, live performances alternating with feature films, which are coordinated by the Music and Arts Department.*

*October 19*—"Traditional New Orleans Jazz," Royal Garden Jazz Band; Hank Nadig, Director.

*October 26*—"The Hound of the Baskervilles" (1939), starring Basil Rathbone and Nigel Bruce.

*November 2*—"Dance Party III," with DeLugan Dance Studio and The Castaways.

*November 9*—"Intermezzo" (1939), starring Ingrid Bergman and Leslie Howard.

*November 16*—Berkshire Public Theatre performance; Frank Bessell, Director.

*The public is invited free of charge to all these events; for further information contact the Berkshire Athenaeum in Pittsfield.*

### Simon's Rock Film Series

*Sunday, October 24*—Film: *Khartoum* presents the gripping confrontation between two strong-willed men—Charlton Heston, the British leader, and Laurence Olivier, the Arab leader—involved in the siege of Khartoum, an ancient city in Sudan. Lecture Center, 8:00 p.m.\*

*Friday, October 29*—Films: *The Tenant*, psychological thriller in which Roman Polanski, who also directed the film, plays a file clerk who rents a vacated apartment and then realizes that the other tenants are trying to drive him to suicide. And Lon Chaney as *The Phantom of the Opera*, the hideously scarred denizen of the catacombs who falls hopelessly in love with a beautiful young soprano. Lecture Center, 8:00 p.m.\*

*Sunday, October 31*—Films: *The Phantom of the Opera* and *The Tenant*. See October 29 for details. Lecture Center, 7:00 p.m.\*

*\*A donation of \$1.00 for adults and \$.50 for children is requested from those without Simon's Rock Film Society membership. For information call 528-0771.*

### Dance at Simon's Rock

*Wednesday, October 27*—Renowned Kathak dancer Pandit Durga Lal will perform a program of Indian dances. Durga Lal has toured throughout India, Europe, the Soviet Union and Latin America. He brings an intense emotional sweep to his combination of mime and pure dance. Arts and Recreation Center, 8:00 p.m. Admission: \$4.00; Senior citizens and students, \$2.50.



*Photo of Eileen Clawson by Susan McAllester*

### PLEASE NOTE:

**The deadline for ads and articles to be typeset for the Monterey News is the first of each month. For ads which are camera ready, the deadline is the tenth of each month. If you wish to have your ad typeset, please contact Eileen Clawson, 528-4835, for typesetting rates.**



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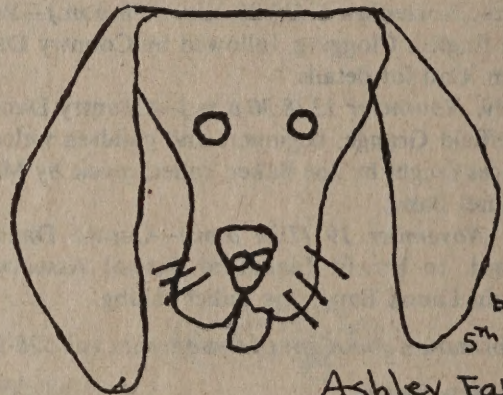
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### DEADLINE FOR ADS AND ARTICLES

The *first* day of each month. Mail to:  
Box 264, Monterey, MA 01245.

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